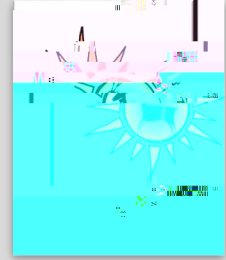


[Workplace Wellness Programs benefit employees AND employers.]



Reduce Health Care Costs

Direct Health Care Costs

Medical Costs

Pharmaceutical Costs

Indirect Health Care Costs

Absenteeism

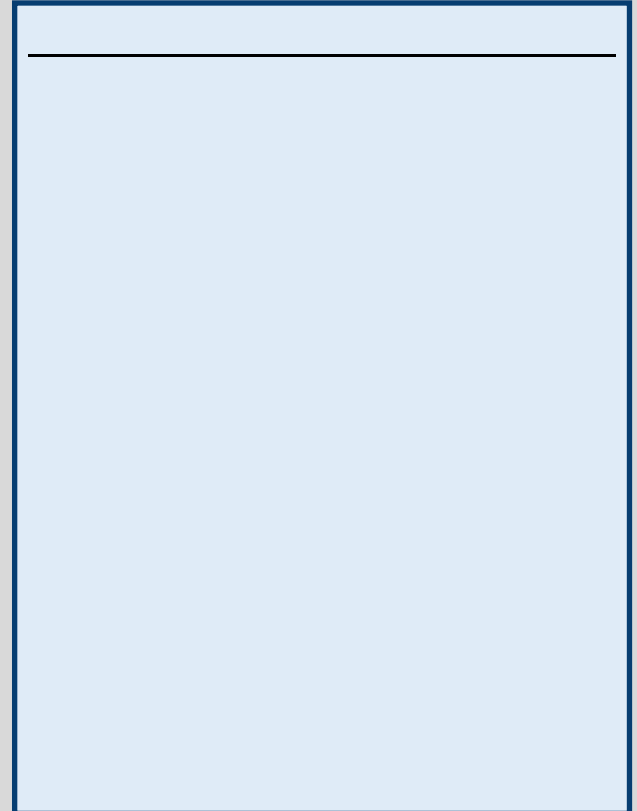
Short & Long Term Disability

Presenteeism—lack of productivity

Worker's Compensation

Indirect health care costs are 2 to 3 times more expensive than direct health care costs.

Health care costs decrease with fewer health risks.



For every \$1 invested in employee wellness... a company can save \$3 to \$5.

