

A case of influenza has been reported.

Sudden onset of fever (102-104 F), chills, headache, muscle aches, sore throat, runny nose and cough

From 24-72 hours.

1 day before until 7 days after signs and symptoms begin.

Contact with secretions from the nose, mouth and throat of infected persons. The secretions may be on surfaces or in infected droplets in the air.

Exclude until symptoms are gone and the individual is fever-free for 24 hours. See a doctor if fever is high.